

REGISTER OF MODERN PILATES TEACHERS

If you have trained with Modern Pilates and wish to appear on the register please email info@pfretraining.co.uk

Should you come across any incorrect/out of date information please email info@pfretraining.co.uk

November 2019

REGION (ENGLAND)	NAME	AREAS COVERED	Contact Numbers	EMAIL
BERKSHIRE				
Surrey	Kate Woolger	Egham/Englefield Green/Surrey/Windor/Virginia Waters/Staines (Berkshire/Surrey)	07769 706779	katewoolger@ntlworld.com
CHESHIRE				
Cheshire	Holly Pearn	North West & Derbyshire	01614861991 07917102121	hollypearn@live.co.uk
Cheshire	Alison Royle	Marple	07946447147 01457868847	alison.royle@me.com
Cheshire	Anne Worley	Mottram and Marple	07875091059	annie2124@me.com
Cheshire	Christie Wood	Cheshire – Stockport	07545093432	christie.benn@gmail.com
Cheshire	Sarah Gallimore	Hale, Altrincham, Sale, timperley, Manchester	01619291774/0776 8318653	sarah@thehalepilatesstudio.co.uk
Cheshire	Juliet Viscon	High Peak areas of New Mills, Chinley and Disley in Cheshire. Also Manchester city centre.	07870 384415	Julietvincon@hotmail.com
Cheshire	Rachel Bridge	Northwich, Knutsford, Middlewich	07503 398 588	Rachelbridge01@googlemail.com
CUMBRIA				
Cumbria	Teresa Davies		07938881135	teresajanehill@gmail.com
CORNWALL				
Cornwall	Emma Donald	Cornwall	07880781997	donald555@btinternet.com
DERBYSHIRE				
Derbyshire	Karen Adey	Staffordshire – West Midlands	07966351922 01827351922	karenadey@hotmail.co.uk
Derbyshire	Bridgett Bradley	Derby	01332557980 07976917569	bridgette.f@virgin.net www.corefitness.co.uk
Derbyshire	Cherry Baker	Glossop & surrounding area	07831 208299	cherrybaker@me.com
Derbyshire	Debbie Cooper	Glossop	07792337224	debjo.cooper@virgin.net
Derbyshire	Alison Royle	Glossop	01457868847 07946447147	alison.royle@me.com
Derbyshire	Amy Green	Derbyshire- Nottingham	07985620212	amy@godsmark.co.uk
Derbyshire	Donna Eaton Lomas	Buxton-Chapel-en-le-Firth	07815823649	donnadooray@hotmail.co.uk
Derbyshire	Charlotte Foster-Phillips	Derbyshire- Matlock & surrounding areas	07925698061	charlie@charlietreatmentroom.co.uk
Derbyshire	Vladyslav Buck	North West, Buxton, Chapel-en-le-Frith	07900578161	vlad_buck@hotmail.com
Derbyshire	Dana Flynn	Stockport & High Peak	07821723323	danaflynn11@gmail.com
Derbyshire	Isabel Houghton	Derbyshire & Burton on Trent	07790059227	isabelhoughton@virgin.net
Derbyshire	Sue McGregor	Chesterfield	01332 557980 07976917569	suemcgregorpilates@hotmail.com
Derbyshire	Lizzie Self	Derbyshire-Dronfield- Chesterfield-South Yorkshire-Sheffield	01246291139 07785923923	lizzie@perfeq.co.uk

Derbyshire	Elaine Selkirk	Derbyshire & Chesterfield	01246274459	elaine4pilates@yahoo.com
Derbyshire	Jacqueline Stone	Buxton-Bakewell-Hope Valley	07800554875 01433621935	jacquistone@tiscali.co.uk
Derbyshire	Juliet Vincon	Derbyshire- Disley- Cheshire-New Mills – Manchester	07870 384415	julietvincon@hotmail.com
Derbyshire	Kathy Wiggans	Derbyshire & Chesterfield	01629581968 07760211987	kathywiggans@gmail.com
Derbyshire	Elizabeth Smith-Briggs	Sheffield, Chesterfield, Dronfield, Bakewell	07983 521717	elizabeth@lizzieme.biz
Derbyshire	Sarah Gilbertson	Derbyshire and South Yorkshire	07720 258878	sarah@mvmtpilates.com www.mvmtpilates.com
Derbyshire	Laura Alderson	Derbyshire and South Yorkshire	07773 819663	laura@willowtreepilates.co.uk fb.me/willowtreepilateschesterfielduk
Derbyshire	Jill Langley	Chesterfield / Matlock	07957 566704 01246 201100	jlanglely@uwclub.net
EAST YORKSHIRE				
East Yorkshire	Carol Bartram	Hull	01964603360 07990504595	carol@zestforliving.co.uk
East Yorkshire	Sue Haigh	South Cave, Market Weighton	07540 695826	Shmodernpilates@gmail.com
East Yorkshire	Dianne Gunson	Selby-Hull- Beverley – York	01377267540 07779624275	dw.gunson@btinternet.com
East Yorkshire	Kate McConnon	Louth	07909697556	
East Yorkshire	Sophie Redfern	East & North Yorkshire Humberside	01759305069 07931964114	sandsredfern@aol.com
East Yorkshire	Jacqueline Sewell	Hull- Cottingham-Beverley	01482348772 07977623340	jaquiesewell@yahoo.co.uk
East Yorkshire	Rochelle Simons	Cleethorpes –Grimsby-	01472322616 01472322616	rochsimons@ntlworld.com
East Yorkshire	Deborah Tyson	Hull	07903720796 01482503000	tysonfit@gmail.com
East Yorkshire	Emma Richardson	Anlaby, Hull	07973 684595	emmarichardsonpilates@gmail.com www.emmarichardsonpilates.com
East Yorkshire	Jane-Marie Stocks	East Yorkshire, west Yorkshire, North Yorkshire	07746 676746	j.m.stocks@leeds.ac.uk
EAST MIDLANDS				
East Midlands	Dianne McDermott-Crampton	Leicester	07854553448 0116 262 4483	info@welovepilates.com www.welovepilates.com
ESSEX				
Essex	Kayla Kaur	Southend on Sea- Westcliffe on Sea- Leigh on Sea – Thorpe Bay	07551648092	kalyan@modernpilatesinessex.co.uk www.modernpilatesinessex.co.uk
Essex	Liz Chantilly		07788 424225 01702 477503	Liz-chantilly@btinternet.com
Essex	Monica McCarthy	Chelmsford and Braintree, mid and north Essex and East Herts	07903503730	mrsmonicamccarthy@gmail.com
GLOSTERSHIRE				
Gloucestershire	Amy Long	South West – Gloucester, Cheltenham and Stroud	07705 507555	pilateswithamy@outlook.com
Gloucestershire	Thomas Burlinson	Midlands-South West-Cheltenham-Gloucester-Worcester-Tewksbury-Evesham	07506066500 01452505410	tburlinson7@gmail.com
Gloucestershire	Annie Smith	Bristol, Exeter, Portsmouth	01452 551028 / 07834 683039	pilateswithannie@mail.com www.pilateswithannie.com
HEREFORDSHIRE				

Herefordshire	Sophie Brasenell	Watford-St Albans-Rickmansworth-Hemel Hempstead	07956528433	sophie.brasenell@ntlworld.com
LANCASHIRE				
Lancashire	Louisa Griffin	Manchester -Trafford – Stockport - Cheshire	07816913107	louiseorbishley@yahoo.co.uk
Lancashire	Judith Mallinson	Lancashire – Greater Manchester	07709695900	judithpilates@btinternet.com
Lancashire	Vered Hofton	Gatley	07786814687	v.fitness@hotmail.co.uk www.tattonhoustudio.co.uk
Lancashire	Cilla Thwaites	Manchester – Cheshire- Stockport - North West	07803041021	cillasfitness@gmail.com www.cillasfitness.com
Lancashire	Nicola Wilkinson	Manchester – Greater Manchester	07793021155	nicola.r.wilkinson@gmail.com www.fitness-pilates.com
Lancashire	Diane Winterburn	North West-Rochdale-Middleton –Greater Manchester- Bury	07752595399	diane@winty
Lancashire	Sarah Booth	Cheshire and south Manchester	07825159351	sarah@varietyfitness.co.uk
Lancashire	Gilly Hussain	Stockport Greater Manchester	07958958468	gilly@realignpilates.co.uk
Lancashire	Anne Worley	Mottram and Marple	07875091059	annie2124@me.com
Lancashire	Rachel May	Preston, Chorley	07951 291869	alastairandrach@aol.com
Lancashire	Shelagh Storey	North Merseyside (Aintree/Maghuil) South Lancashire	01695 420984	Shelagh01@hotmail.co.uk
LEICESTERSHIRE				
Leicestershire	Angela Ryan	Hinkley	07789763320	angela.ryan@rynoinc.co.uk
LINCOLNSHIRE				
Lincolnshire	Angie Appleton	North Lincolnshire-Horncastle-Skegness- Louth- Boston	07946509245	angieappleton@talktalk.net
Lincolnshire	Donna Maher	Lincolnshire-Louth-Grimsby-Lincoln	01507363227 07712046897	donnaroyale@hotmail.com
Lincolnshire	Simon Nithsdale	Lincoln and surrounding areas	07783132464	s.nithsdale101@gmail.com
Lincolnshire	Sarah Payne	Boston - Lincolnshire	07768156262	sarah@sheepgate.co.uk
LONDON				
London	Chris Heron	London	07876681317 02082 013138	
London	Karen-Anne Fisher	London	07758 326411	kaz@beaconpilates.co.uk
London	Samantha Tunbridge	London, East Grinstead, West Sussex, Dormansland and Lingfield, Surrey	07500 927730	wellbeingwithsam@icloud.com www.wellbeingwithsamantha.com
MIDLANDS				
Midlands	Janice Blaber	Northampton	07712182544 01604401873	
Midlands	Annette Bird	West Midlands-North Warwickshire-Staffordshire	07838046584	annettedbird@googlemail.com
Midlands	Emma Bradbury	Kettering-Market Harbour	07775860751	emma@emmabfit.com
Midlands	Laura Davidson	Wolverhampton	07751771045 07751771045	Laura_elmore@blueyonder.co.uk
Midlands	Rosanne Dunbar-Stuart	Birmingham-Sollihull-Wolverhampton-		
Midlands	Roberta Gee	Northampton- Market Harborough-Kettering	07816768252	roberta.gee@btinternet.com
Midlands	Rosie Milton	Leicester – Rutland	01780460114	

			07767873819	
Midlands	Wendy Jordan	Stourbridge	07904986032	wendyjordan28@gmail.com
Midlands	Karen Oldacres	Sutton Coalfield	01216814874 07743163006	karen_oldacres@yahoo.co.uk
Midlands	Heather Smith	Warwickshire-Rugby-Coventry-Leamington spa	07801493893	h.j.smith@btinternet.com
Midlands	Julie Williamson	East Midlands-Melton Mowbray- Nottinghamshire-Grantham	01664857302	ja.williamson@ntlworld.com
Midlands	Kelly Yeates	Milton Keynes	07944 661010	Kelly-90@live.com
WEST MIDLANDS				
West Midlands	Wendy Joelson	Church Stretton – Shropshire	01694723042	
West Midlands	Catherine Holden	Stoke/Stafford	07449 137647	catxpilates@btinternet.com
Midlands				
NORFOLK				
Norfolk	Kate Kemp	Norwich	01508 480825 01508408825	
Norfolk	Anna Ryan	Hethersett & surrounding area	07516 471735	Annaryan1509@gmail.com
Norfolk	Clare Kenvyn	Reepham, Norwich, east Anglia	07766 723776	clarekenvyn@gmail.com
Norfolk	Jan Pickering	Norfolk	01493419212	janpickering@tiscali.co.uk
Norfolk	Clare Kenvyn	Reepham, Norwich, east Anglia	07766 723776	clarekenvyn@gmail.com
Norfolk	Sacha Beckham	Norfolk, Long Stratton	07930 482181	sacha@msbsoftware.com
NORTH EAST				
North East	Tracey Grant	Lincoln-Gainsborough-Grimsby-Doncaster	01427838683	
North East	Karen Kirby	North East - Durham	07833 432503	Kirbyk53@gmail.com
North East	Richard King	Tyne & Wear	07515865143 07957217382	kingrichiefitness@hotmail.co.uk www.richardkingfitness.co.uk
North East	Lesslie Oliver	Tynemouth-Monkseaton-Whitley Bay- North Sheilds	07758459685	lesslieoliver@gmail.com
NORTH WEST				
North West	Ruth Hoyle	Chorley & Surrounding Areas	07794188199	ruth@exerciseangels.co.uk www.exerciseangels.co.uk
North West	Janet Butler	Morecambe, Lancashire, Lakes	07968372039	butler12@btinternet.com www.janetbutlerpilates.co.uk
North West	Claire McCarthy	Garstang-Presto-Blackpool-Lancaster	07534504413	info@thewholebodyapproach.com www.thewholebodyapproach.com
North West	Vikki Radford	Stockport, Tameside, Manchester	07753194030	vikki@shapeyourselfclasses.com www.shapeyourselfclassess.com
North West	Liza Roberts	Formby-Southport -Liverpool	07793179271	lizaroberts2001@yahoo.ie
North West	Yasmin Sheikh	Macclesfield	07834179706	yasssheikh@yahoo.co.uk
North West	Gilly Hussain	Stockport – Greater Manchester	07958958468	gilly@realignpilates.co.uk
North West	Yvonne Lee	Chorley	07951 453905	johnandvon@litmus.fsnet.co.uk
North West	Rachel Bourne	Warrington and surrounding areas	07398 718535	wrachelb@gmail.com
North West	Diane Keane	Southport, Northwest	07773 898901	dlkeane@hotmail.com
North West	Rachel May	Preston/Chorley	07951 291869	alastairandrach@aol.com
North West	Shelagh Storey	North Merseyside (Aintree/Maghull) South Lancashire	01695 420984	Shelagh01@hotmail.co.uk
North West	Linda Marshall	Knutsford, Cheshire	07812 525776	linda@fit4lifeknutsford.com

North West	Charlotte Taylor	Knutsford	07764 363018 01477 544601	Charlotte96taylor@gmail.com
North West	Liz Hocking	North West, Manchester, Sale, Cheshire (8 mile radius of M33)	07977 427234 0161 2826097	Lizhocking76@gmail.com
North West	Linda Jackson	North West, Macclesfield, Cheshire	07762 417421	Jacksonlinda127@goolemail.com
North West	Linda Marshall	Knutsford, Cheshire	07812 525776 01565 830822	Linda@fit4lifeknutsford.com
NORTH YORKSHIRE				
North Yorkshire	Leonie Joy Dykes	Selby – York – Hull – Beverley & Leeds	07970814085 01757638479	leoniedykes@ard4x4.com
North Yorkshire	Victoria Etherington	North & West Yorkshire	07966015229 01937844591	
North Yorkshire	Yvette Flash	York – Leeds	01904769934	yvette@yorkboat.co.uk
North Yorkshire	Beatrice Faulkner	Gargrave – Skipton – Elslack - Broughton	01756749443 07778980994	beansemail@btinternet.com
North Yorkshire	Allison Gorwood	York	01904421965 07711285151	enquiries@promid.co.uk
North Yorkshire	Jayne Hindmarsh	Selby- North & West Yorkshire	07784549147 01977679855	hindmarshjayne9@gmail.com
North Yorkshire	Jacqueline Hollinghurst	Scarborough and surrounding areas	07538330431 01723871484	jacquelineholli@aol.com
North Yorkshire	Marion Johnson	Harrogate, North & West Yorkshire	07909562114	marion@perfectpilates.org.uk
North Yorkshire	Sue Longo	Harrogate–Ripon–Leeds–Otley -Ilkley	07742622335	sue.longo@npia.pnn.police.uk
North Yorkshire	Dawn Phillips	Richmond	01748822696 07967690830	
North Yorkshire	Rachel Potter	York – Thirsk - Selby	07939061187	enquiries@pilatesforall.co.uk
North Yorkshire	Gail Rennison	Northallerton – Thirsk – Darlington - Bedale	07732253315 01609748604	gail.rennison@scruton.net
North Yorkshire	Emma Robinson	Richmond – Darlington – Catterick	07811703665 01748823090	m.trainingsystems@tiscali.co.uk
North Yorkshire	Emma Scaling	York – West Yorkshire	07742340585	emmascaling@hotmail.co.uk
North Yorkshire	Jo Stewart	York	07763196205	jostewartyork@yahoo.co.uk
North Yorkshire	Sylvia Swift	Leeds – York – Harrogate – Selby	07814715684	
North Yorkshire	Olivia Thornton	York – West Yorkshire – Leeds – Wetherby	07584138181	livthornton@hotmail.com
North Yorkshire	Alison Walker	York – Pocklington –Selby	07966578216 01759318194	alisonwalker961@btinternet.com
North Yorkshire	Jenny Whiteley	Harrogate – Knaresborough – Boroughbridge – Ripon	07973507747	jenniferwhiteley@btinternet.com
North Yorkshire	Cass Wilson	Harrogate	07736 211137	Cass.rayner@gmail.com
West Yorkshire	Catherine Hewitt	West Yorkshire, North Yorkshire, Leeds	07530 058377	catherinehewitt100@gmail.com
North Yorkshire	Emma Bramley	Menston, Guiseley, Burley, Ilkley, Harrogate	07445 690778 / 01943 871791	Emmabramley567@gmail.com
East Yorkshire	Jane-Marie Stocks	East Yorkshire, west Yorkshire, North Yorkshire	07746 676746	j.m.stocks@leeds.ac.uk
North Yorkshire	Barbara Pounder	North Yorkshire & West Yorkshire	07943 456472	bmpounder@yahoo.co.uk
NOTTINGHAMSHIRE				

Nottinghamshire	Susie Eadie	Nottingham	07974819461	sue.pilates@yahoo.co.uk
Nottinghamshire	Geoffrey Fielding	Nottingham	01159814154	geoffrey@movementforhealth.co.uk
Nottinghamshire	Vanessa Gretton	Nottingham	07979520085	vanessa@pilates4living.co.uk
Nottinghamshire	Denise Marshall	Nottingham	07969016022	dmarshallpilates@gmail.com
SHROPSHIRE				
Shropshire	Ruth Morris	Shrewsbury out to South Shropshire- Bishops Castle- Lydbury North- Hope (Minsterley)	07788123380 01743891561	rmorriss73@gmail.com
SOUTH YORKSHIRE				
South Yorkshire	Jill Allen	Doncaster-Epworth-Scunthorpe	01724784125 07903384065	jill.jaga@yahoo.co.uk
South Yorkshire	Jane Biggin	South Yorkshire	01142890197 07773516334	janelawson522@btinternet.com
South Yorkshire	David Camm	Doncaster-Rotherham-Barnsley-Sheffield -Wakefield	07776194524	dave.camm@btinternet.co.uk
South Yorkshire	Suzanne Davies	Doncaster	07787158180	suzanned-1@live.com
South Yorkshire	Carol Denton	Rotherham-Sheffield- surrounding areas	07761741899	caroldenton@supernet.com
South Yorkshire	Julie Duffin	Sheffield-Barnsley-Doncaster-Rotherham-Thurnscoe	07968662214 07968662214	julieduf@aol.com
South Yorkshire	Helen Durdy	Doncaster	07973384131	helendurdy@googlemail.com
South Yorkshire	Jeni Ferguson	Sheffield-Dronfield-Chesterfield-Dronfield	01246291139 07785923923	info@sheffieldpilates.co.uk
South Yorkshire	Jane Horsfield	Doncaster	01302536077	
South Yorkshire	Caroline Jolley	Sheffield-Chesterfield	07788174203	carolyn_jolley@hotmail.com
South Yorkshire	Amanda Jane Turner	Sheffield-Rotherham	01909569971 07866694893	amanda318@btinternet.com
South Yorkshire	Jean Kirby	Rotherham- Sheffield	07773041990	jean@kirby-18.freemove.co.uk
South Yorkshire	Jay Kostyszyn	Doncaster-Selby-Goole-Scunthorpe	01405815291 07771866225	jay@kos10.freemove.co.uk
South Yorkshire	Julia Marshall	Doncaster	07841404874	fitnessdoncaster@vpweb.co.uk
South Yorkshire	Sarsha Mccann	Gainsborough-Retford-Doncaster	07900433129	
South Yorkshire	Ellen Moore	Sheffield-Rotherham-Worksop	07772953643	ellen.moore@hotmail.co.uk
South Yorkshire	Catherine Othen	Rotherham-Sheffield-surrounding areas	07540057416	cathj1063@hotmail.co.uk
South Yorkshire	Ellen Ratcliffe	Sheffield-Rotherham-Worksop	01909550071 07967633613	
South Yorkshire	Sarah Louise Rixon	Sheffield-Chesterfield-Rotherham	07967657651	slrixon@blueyonder.co.uk
South Yorkshire	Collette Rusher	Doncaster-Epworth-Scunthorpe	01427752548 07780618299	rusher@hotmail.co.uk
South Yorkshire	Sally Sagar	Barnsley-Sheffield-Rotherham-Doncaster-Wakefield	07949072475	sally.sagar@live.co.uk
South Yorkshire	K Alison Sumner	Derbyshire	07740123394	kalisonsumner@btinternet.com

South Yorkshire	Amanda Jane Turner	Sheffield-Rotherham	01909569971 07866694893	amanda318@btinternet.com
South Yorkshire	Eve Webster	Sheffield-Chesterfield	01142394008 07977135870	eve.webster@tesco.net
South Yorkshire	Debbie Williams	Doncaster	07828573865	happydebbie.williams@gmail.com
South Yorkshire	Tracey Wilson	Sheffield	07759274165	twilson40@googlemail.com
South Yorkshire	Louise Hilton-Tapp	Sheffield	07756564988	lou.hilton-tapp@tiscali.co.uk
South Yorkshire	Celine Blizard	Doncaster and North Notts	07545 351090	celine@blizardphysiotherapy.co.uk
South Yorkshire	Kerry Brears	Sheffield, Ecclesfield, Crosspool, Stannington	07772685828 01142304719	kerrybrears@aol.co.uk
South Yorkshire	Tony Vout	Doncaster and Surrounding Areas	07941 699931	vouttony@gmail.com
South Yorkshire	Georgia Hall	Sheffield, Derbyshire	01122353298/ 07789266306	georgia@underground-fitness.co.uk
South Yorkshire	Elizabeth Smith-Briggs	Sheffield, Chesterfield, Dronfield, Bakewell	07983 521717	elizabeth@lizzieme.biz
South Yorkshire	Sarah Gilbertson	Derbyshire and South Yorkshire	07720 258878	sarah@mvmtpilates.com www.mvmtpilates.com
South Yorkshire	Laura Alderson	Derbyshire and South Yorkshire	07773 819663	laura@willowtreepilates.co.uk fb.me/willowtreepilateschesterfielduk
South Yorkshire	Claire Crawshaw	South Yorkshire & Sheffield	07881 430039	Claire.neville@hotmail.co.uk
SURREY				
Surrey	Annabel Parkin	Ashtead-Oxshott-Esher-Epsom-Leatherhead	01372 278168 07711508745	annabel.parkin@ukonline.co.uk
Surrey	Denise Gillman	Crawley-Oxted-Catterham-East Grinstead-West Wickham Redhill/Lingfield	01342893233	dgdance100@yahoo.co.uk
Surrey	Belle Rommer	Surrey	07754978897	
Surrey	Kate Woolger	Egham/Englefield Green/Surrey/Windor/Virginia Waters/Staines (Berkshire/Surrey)	07769 706779	katewoolger@ntlworld.com
SUFFOLK				
Sarah Wright	01440703474	Suffolk	01440703474	
WEST YORKSHIRE				
West Yorkshire	Shehnaz Akhtar	Halifax-Huddersfield	07794704571	akhtar-sheaz@yahoo.co.uk
West Yorkshire	Simone Amps	Huddersfield - Sheffield	07701002912	lovehappyyou@ymail.com www.lovehappyyou.com
West Yorkshire	Emma Arnold	Leeds - West & North Yorkshire	01943609115 07812167486	emandarn@aol.com
West Yorkshire	Angela Barker	Castleford - Garforth - Knottingley - Pontefract	01977555769 07811016153	
West Yorkshire	Sandra Bell	Leeds	07790074982 01132613669	blgrh@aol.com
West Yorkshire	Jo Blenkinsopp	Leeds	01132893913 07979532448	
West Yorkshire	Claire Bentley	Leeds	01132191166	

West Yorkshire	Emma Booth	Leeds-Wetherby	01132892602	emmalouisebooth@hotmail.co.uk
West Yorkshire	Tania Burger	Leeds	07870326884	tania@farmore.net
West Yorkshire	Jan Bryce	Menston – Otley- Burley in Wharfedale – Guiseley	07770960739	jan@wharfedalepilates.com
West Yorkshire	Sarah Clough	Ilkley –Addingham- Menston-Burley-Otley-Guiseley	07971988401	sarah@sarahclough.co.uk www.sarahcloughwellbeing.co.uk
West Yorkshire	Diane Daniels	Leeds	07788931760	dianedaniels31@gmail.com
West Yorkshire	Cherry Dexter	Ilkley-Otley-Addingham-Skipton	07752491398 01943603097	info@ilkleypilates.co.uk www.ilkleypilates.co.uk
West Yorkshire	Julie Doidge	Leeds	07793868280 01132819493	julie.doidge@sky.com
West Yorkshire	Claire Donovan	Cleackheaton		cfluin@kdon.fsnet
West Yorkshire	Alison Dowson	Pudsey – Leeds	01132562643	a.dowson7@ntlworld.com
West Yorkshire	Julia Ebel	Skipton	07890581186 01535633830	
West Yorkshire	Natasha Farrell	Oldham – Ashton - Whitefield	07968074870 01617241768	
West Yorkshire	Leanne Frear	Leeds – Harrogate – Ilkley – Skipton – Otley	01943862917 07946873015	leannefrear@hotmail.com
West Yorkshire	Sabine Flugel	Ilkley – West Yorkshire	07966 572611	sabine@sabinefitness.co.uk
West Yorkshire	Vanda Gaskell	Halifax – Hebden Bridge – Sowerby Bridge	01422823743 07958368642	vandagaskell@hotmail.co.uk
West Yorkshire	Zoe Scaife	Huddersfield	07980110868	zoe@northernpilates.co.uk www.northernpilates.co.uk
West Yorkshire	Louise Grant	Leeds	01132611999 07958187297	
West Yorkshire	Sandra Goddard	Barnsley – Wakefield –Huddersfield – Sheffield	07962716218	danny_boy_5@hotmail.co.uk
West Yorkshire	Zoe Green	Huddersfield	07980110868 01484514300	zoe@northernpilates.co.uk www.northernpilates.co.uk
West Yorkshire	Sarah Greenwood	Halifax-Brighouse-Huddersfield-Huddersfield-Elland	07786228363	
West Yorkshire	Marc Hampshire	Huddersfield	07979966546 01484322470	
West Yorkshire	Jennifer Heron	Leeds	0113 2581020	jenny@physiofitleeds.co.uk
West Yorkshire	Melanie Herron	Leeds-Pontefract-Wakefield-Dewsbury-Castleford	07795165047	melijay@hotmail.com
West Yorkshire	Michelle Hassan	Bradford and surrounding area	07976250519	michhassan@hotmail.com
West Yorkshire	Angela Hinton	Leeds	07745801438 07801989512	angela.hinton@tesco.net
West Yorkshire	Emma Louise Jakubowski	Leeds - Bradford	0113554688 07789960132	princesszoar@yahoo.co.uk
West Yorkshire	Stacey Machell	Leeds	01132671076 07771651185	
West Yorkshire	Sopiah Miah	Leeds-Bradford-Wakefield	07939038032	sopiahmiah@gmail.com
West Yorkshire	Vicky Malcolm	Leeds	07970717010	vicky.malcolm@gmail.com
West Yorkshire	Jayne Munnoch	Wakefield-Leeds	07778305171 01924227587	jaynemunnoch310@btinternet.com
West Yorkshire	Julie Murgatroyd	Leeds	01132566308	chris@set-2.co.uk

			07717154067	
West Yorkshire	Christine North-Minchella	Leeds Bradford- Ilkley-Menston and surrounding areas	07885138057	christine@pfetraining.co.uk
West Yorkshire	Rebecca North	Leeds-Bradford- Ilkley and surrounding areas	07815148055	rebeccaanneparker@outlook.com
West Yorkshire	Sarah Nazran	Shipley – Keighley-Saltaire-Bingley	07989262201 01274406227	
West Yorkshire	Jane Oates	Huddersfield – Mirfield – Brighouse - Heckmondwike	07989310618 01484531831	janieoates@yahoo.com
West Yorkshire	Mary Parkinson	Keighley	07940585692 01535603118	ffblueyonder.co.uk
West Yorkshire	Dan Pickering	Leeds	01132671067 07884478340	
West Yorkshire	Alyson Pickett	Leeds	07961431502	alysonpickett@msn.com
West Yorkshire	Diana Priestley	Leeds- Horsforth-Yeadon-Guiseley- Rawdon	01132585303 07939143134	dipriestley@hotmail.com www.fitnessdifusion.com
West Yorkshire	Julie Reynolds	Leeds – Bradford – Harrogate	07812152877	Julieann1965@msn.com
West Yorkshire	Kerry Robinson	Menston – Ilkley	07548780288	knrobinson77@gmail.com
West Yorkshire	Claire Rowland	Pontefract-Castleford-	07946307296	
West Yorkshire	Catharine Rosenthal	Garforth – Kippax-Castleford-Pontefract	07790725315 01132870216	Catherine.rosenthal@googlemail.com
West Yorkshire	Jana Shirley	Pontefract – Dewsbury – Leeds – Wakefield	07709804579	janashirley@aol.com
West Yorkshire	Jenny Southwell	Leeds	07976800430	
West Yorkshire	Hannah Statman	Leeds	07738006353	hannah@hsmodernpilates.co.uk
West Yorkshire	Jill Stewart	Leeds- Bradford-Horsforth-Guiseley-Shipley	07737019596	Jillian @harmonypilates.co.uk
West Yorkshire	Claire Thompson	Leeds	07834376289	clairethompson.leeds@gmail.com
West Yorkshire	Annie Todd	Leeds	07811327457	annie.pilates@hotmail.co.uk
West Yorkshire	Paula Vickers	Leeds –Wakefield – Rothwell	0746846419	paula64@yahoo.co.uk
West Yorkshire	Rebecca Wade	Wakefield – Leeds - Huddersfield	07710493633	beckyw_5yahoo.co.uk
West Yorkshire	Stephen Walther	Leeds-Bradford	07971597393-	stevewalther18@gmail.com
West Yorkshire	Claire Wray	Leeds	077213699040113 2877921	pilates4health@yahoo.com
West Yorkshire	Debbie Tyson	West Yorkshire and Hull	07903720796	tysonfit@gmail.com
West Yorkshire	Alison Farrell	Halifax	07445268176	allyfarrell@aol.com
West Yorkshire	Rachel Hargreaves	Calder Valley/Halifax	07944360594	Standtallpilates.co.uk
West Yorkshire	Alison Spencer	Leeds, Otley, Guiseley, Roundhay	07955 141645	pspenner46@googlemail.com
West Yorkshire	Yulia Zarubinska-Toepritz	Horsforth	07891 911074	Yulia.pilates@yahoo.com
West Yorkshire	Melanie Halliday	Ilkley, Guiseley, silsden, Baildon, Yeadon, Addingham	07904 100336	mel.halliday1@googlemail.com
West Yorkshire	Elaine Allan	Pudsey	07973 393449	Els.allan@yahoo.co.uk
West Yorkshire	Michelle Hassan	Bingley, Bradford	07976 250519	michhassan@hotmail.com

West Yorkshire	Tanya Stagg	Huddersfield	07814 866012	Tanyastagg.sportrehabilitaion@gmail.com www.tanyastagg1.wixsite.com/graduatesportrehab
West Yorkshire	Angie Booth	West Yorkshire	07766 504957	Angelabooth38@btinternet.com
West Yorkshire	Catherine Hewitt	West Yorkshire, North Yorkshire, Leeds	07530 058377	catherinehewitt100@gmail.com
East Yorkshire	Jane-Marie Stocks	East Yorkshire, west Yorkshire, North Yorkshire	07746 676746	j.m.stocks@leeds.ac.uk
West Yorkshire	Sarah Rayner	Leeds	07899 954845	srpilatesuk@gmail.com srpilatesuk.co.uk
West Yorkshire	Emma Bramley	Menston, Guiseley, Burley, Ilkley, Harrogate	07445 609778 / 01943 871791	Emmabramley567@gmail.com
North Yorkshire	Barbara Pounder	North Yorkshire & West Yorkshire	07943 456472	bmpounder@yahoo.co.uk
IRELAND				
Co Fermanagh	Pamela Fyfe	Lisnaskea	02867723104	
WALES				
Anglesey	Sandra Rust	Anglesey-Bangor-Gwynedd-North Wales	07786425783 01407832830	rustan@gmail.com
North Wales	Jan Smith	Conwy Area	07585978579	pilatesbody4u@hotmail.com
Gwent	Kathryn Stoate	Gwent	01443838983 07786495331	
Gwynedd	Andrea Vaughan	Dolgellau	07950477152	runlikeadaisy@hotmail.co.uk
Port Talbot	Samantha Fitzgerald	Port Talbot, Porthcawl	07881957776	samfitzness@gmail.com
SCOTLAND				
	NAME	AREAS COVERED	Contact Numbers	EMAIL
Aberdeenshire	Kira Bowie	Aberdeen	01224733018	info@aberdeenpilates.com
Aberdeenshire	Jane Mckay	Aberdeen	01224326749	
Aberdeenshire	Emma Tawse	Aberdeen	01224326749 07747632936	info@aberdeenpilates.com
Argyle & Bute	Michelle Handoll	Helensburgh	07725329506	michelle@pluspilates.net www.pluspilates.net
Banffshire	Davina Williams	Banff	07740986025	davinajw@btinternet.com
Edinburgh	Morag Hammond	Edinburgh	078148250871	morag.ham1957@yahoo.co.uk
Edinburgh	Patrina Comber	Edinburgh	0754330474	patrina@pilates4everybody.co.uk www.pilates4everyone.co.uk
Edinburgh	Marion West	Edinburgh	07817543663	imarionwest@yahoo.com
East Lothian	Karen Macaulay	East Lothian	01620824634 07974826040	bodycarewecare@btinternet.com www.bodycarewecare.com

REGISTER OF MODERN PILATES TEACHERS

If you have trained with Modern Pilates and wish to appear on the register please download the application form from our website www.pfetraining.co.uk/contact-us

Should you come across any incorrect/out of date information please email admin@pfetraining.co.uk