

YMCA Awards Level 3 Diploma in Teaching Pilates	Kirklands, Community Centre, Menston, near Ilkley	18, 19 January 1, 2, 15, 16 February 1, 2, 22, 23 March 2025	9am to 5pm	26 or 27 April 2025	£1999.00
YMCA Awards Level 3 Diploma in Teaching Pilates	Kirklands, Community Centre, Menston, near Ilkley	10, 11, 17, 18, 31 May 1, 2, 21, 22 June 5, 6 July 2025	9am to 5pm	2 or 3 August 2025	£1999.00
YMCA Awards Level 3 Diploma in Teaching Pilates	Kirklands, Community Centre, Menston, near Ilkley	13, 14, 27, 28 September 11, 12 October 1, 2, 22, 23 November 2025	9am to 5pm	3 or 4 January 2025	£1999.00
YMCA Awards Level 3 Diploma in Teaching Pilates	Durham	TBC			£1999.00
YMCA Awards Level 3 Diploma in Teaching Pilates	Keele, Staffordshire	TBC			£1999.00
Modern Pilates and small equipment	Kirklands, Community Centre, Menston, near Ilkley	October 2025	9am to 5pm	NA	£180.00
Modern Pilates and Pregnancy	Kirklands, Community Centre, Menston, near Ilkley	November 2025	9am to 5pm	NA	£180.00
Clinical Series: Shoulder Conditions	Kirklands, Community Centre, Menston, near Ilkley	February 2025	9am to 5pm	NA	£199.00
Clinical Series: Hip & Knee Conditions	Kirklands, Community Centre, Menston, near Ilkley	September 2025	9am to 5pm	NA	£199.00
YMCA Awards Level 2 Gym Instructor	Pinetree Health & Fitness, Newcastle	Please call office to book	9am to 5pm		£650.00
YMCA Awards Level 3 Diploma in Gym and Personal Training	Pinetree Health & Fitness, Newcastle	Please call office to book	9am to 5pm		£1999.00
YMCA Awards Level 2 Circuit Training	Pinetree Health & Fitness, Newcastle	Please call office to book	9am to 5pm		£199.00

YMCA Awards Level 2 Kettlebells Training	Pinetree Health & Fitness, Newcastle	Please call office to book	9am to 5pm		£199.00
YMCA Awards Level 2 Suspension Training	Pinetree Health & Fitness, Newcastle	Please call office to book	9am to 5pm		£199.00
YMCA Awards Level 2 Group Indoor Cycling	Tribal Cycle, Jesmond, Newcastle	March 2025 September 2025	9am to 5pm		£199.00
YMCA Awards Level 2 Engaging with Children 0-5 in Sport & Physical Activity	Please call office for more details				£299.00
YMCA Awards Level 3 Outdoor Fitness Training (Bootcamp)	Pinetree Health & Fitness, Newcastle	Please call office to book	9am to 5pm		£199.00
YMCA Awards Level 2 Chair Based Exercise for the Frail Older Adult	Kirklands, Community Centre, Menston, near Ilkley	February 2025	9am to 5pm		£250.00
YMCA Awards Level 3 Adapting Exercise for the Older Adult	Please call office for more details				£350.00
YMCA Awards Level 3 Supporting Clients in Physical Activity PERINATAL	Please call office for more details				£350.00
YMCA Awards Level 3 Certificate in Assessing Vocational Achievement	Please call office for more details				£399.00
YMCA Awards Level 3 Award in Education and Training	Please call office for more details				£599.00